

## **DEPARTMENT OF THE ARMY**

CHIEF OF ENGINEERS 2600 ARMY PENTAGON WASHINGTON DC 20310-2600

DAEN-ZA

24 SEP 2020

## COMMANDING GENERAL'S POLICY MEMORANDUM #8

SUBJECT: Critical Incident Stress Management (CISM)

- 1. I fully support the Critical Incident Stress Management program within USACE. This program is available Corps-wide for the benefit of all team members. All USACE activities participate in the program.
- 2. CISM is a peer-driven stress management program that combines pre-crisis preparation, stress education and post-event response to help people recover more quickly from abnormally stressful job-related incidents and trauma, collectively known as "critical incidents." Many of our team members respond to critical incidents such as public drowning, boating accidents, civil disasters, or the death of an employee or Family member. CISM provides employees with a professional and peer-reviewed program that improves the ability of our employees to be resilient to life's challenges.
- 3. We, the Corps Family, must take care of our own. More information on CISM can be found at <a href="http://corpslakes.usace.army.mil/employees/cism/cism.cfm">http://corpslakes.usace.army.mil/employees/cism/cism.cfm</a> or by contacting your Commander, Supervisor, Command Surgeon, Employee Assistance Program, Chaplain, or Family Doctor.

SCOTT A. SPELLMON Lieutenant General, USA Chief of Engineers